

## Course Outline and Details

<b>Course Code</b>	15005Y25	<b>Title:</b>	Understanding childrens mental health L2
<b>Time and duration</b>		<b>Location</b>	
Start Date:	24 September 2025	ONLINE	
Start Time: 18:00	End Time: 21:30	Online	
Start Day:	Wednesday		
No. of Lessons:	16		
No. of Weeks:	16	Online	
Total No. of Hours:	56.00	ZZ99 9ZZ	E: tacc@thurrock.gov.uk

## Description

This course will help you to develop the skills needed to understand mental health conditions that impact on children and young people.

## What will I learn?

This Level 2 qualification will increase your knowledge and awareness of children and young people's mental health.

By completing the qualification, you will develop knowledge of:

- children and young people's mental health in context
- mental health problems commonly associated with children and young people
- the impact of mental ill-health on children and young people
- support available to maintain mental wellbeing in children and young people.

## Entry Requirements

A skills scan is required

## What do I need to bring?

Your tutor will let you know at the first session what you will need to provide for the course. We advise you not to purchase anything before your first lesson as we are unable to refund the cost of these in the event of a course is cancelled.

You will need to bring the following to each session:

- Pen, pencil, ruler
- Note paper/pad
- Folder for handouts and notes

### **What support is available?**

You can arrange to see an information, advice, and guidance (IAG) advisor for career guidance and support.

The Discretionary Learning Support Fund (DLSF) can be used to help with travel costs and other expenses, our Learner Experience Team can support you with your application.

If you require any additional support or have any special requirements that you have not already told us about, please inform us as soon as possible by emailing: [TACC@thurrock.gov.uk](mailto:TACC@thurrock.gov.uk) a member of our Learning Support team will contact you to talk about these confidentially.

Please advise your tutor of any medical or health issues that may impact on your learning or your safety whilst attending the college.

### **What is expected from me?**

To complete a minimum of three hours self study each week.

To complete assignments for portfolio in a timely manner.

### **Key dates**

Courses run mainly from September to February or February to July.  
No sessions will take place during college holidays.

### **Additional information**

If any part of this course is online; access to a computer or laptop which uses Google Classroom, would be essential. Learners may have the option to loan a Chromebook for the duration of the course, please discuss this with your tutor at the start of your course.

### **What can I do next?**

Learners who achieve this qualification could progress to:

- Level 3 Certificate in Understanding Mental Health
- Level 3 Award in the Awareness of the Mental Capacity Act 2005
- Level 3 Diploma for the Children and Young People's Workforce (England)
- Level 3 Award/Certificate/Diploma in Supporting Teaching and Learning.